# Learning knows no bars

#### From Coping to improving and accelerating learning during pandemic

We are always committed to provide a safe, secure and stimulating learning environment for the students. No matter, whether they are coming to the school or confined at home due to this Corona virus disease (covid-19) which has almost upended the real school life around the world. In order to rise against this pandemic together, school has timely grabbed the opportunity of teaching online during this challenging hour of nation-wide lockdown and establish a routine of virtual classes first with **ZOOM** and then switched to **GOOGLE MEET** for all the young learners (from grade I-XII & NIOS) who are missing their regular classes. To keep children's spirits high, Co-scholastic classes have also been included in the time-table. This digital platform provides an opportunity for children to keep learning and stay in touch with their friends. A special kudos to our students also who adapted and adjusted to this 'new normal' and have become **TECH SAVVY**.

This virtual live class' platform proved to be a blessing in disguise for all as it made the students to understand all the concepts being taught in the class in a better way and academic activities are least affected. These classes are a sincere effort of the teachers where the entire teaching fraternity is burning the midnight oil to impart the best education. Teachers are also giving online tests from time to time in order to assess what the students have learned with regards to particular subjects. In the same progression school held Online PTM for the Board Classes where parents could have talked about the Progress and Performance of their ward to the respective teachers. This initiative of the school has been applauded by all the parents during this unprecedented situation.

#### One to one sessions for Special Need Children



The Special Education Wing 'PRERNA' which is an integral part of the school has catered all the children with special needs by providing them one to one sessions which were mentored by special educators and occupational therapist. It is indeed a commendable initiative taken by the school for the constant and serene progress of children.

#### Live Fitness Sessions by CBSE



As we all know that physical activity in any form is a great way to keep children physically healthy as well as improves their mental wellbeing. Keeping this view in mind school left no stone unturned and made the children to attend the Fitness programme run by CBSE i.e. Live session by experts for holistic wellbeing of school going children.

#### Online Capacity Building Programmes for teachers by CBSE



Besides all this, school firmly believes in empowering the teaching fraternity. It will not be an overstatement to quote that *A teacher is also a student for life who constantly updating his/her knowledge about their specialization*. Keeping this quote in view, School is offering the opportunity to attend various CBSE Capacity Building Programmes, workshops and webinars to its teachers at

specialized training modules along with advanced professional teaching method. The aim of

t hese webinars for teacher to enhance their considerable knowledge, skills and expertise in teaching. Such seminars and webinars are proved to be really helpful to clarify the grey areas and also introduce new approaches to the teaching.

We are pleased to share that our school was made the Nodal Centre for Article writing on covid-19 (How can we educate ourselves in this typical situation and what can we do to protect ourselves) by the DIOS in which we mentored 13 schools of G.B. Nagar.

#### Generating awareness among students & parents



Simultaneously, we joined hand with the govt. in the fight against Covid-19. Nobody is untouched by this fact that govt. of India has developed an app **Aarogya Setu**. Its aim is to inform the users about the best practices and relevant advisories pertaining to containment of Covid-19. On behalf of the govt. we solicited the parents to download the app and also suggest to their family and friends about the same.

In this entire scenario, **parents' fraternity** support was creditable who have become the part of this tremendous effort. Without their help and noble gesture all this would not have been possible.

#### **Virtual Summer Camp 2020**

School has organised an online Summer Camp for classes I to VIII students from 1<sup>st</sup> to 12<sup>th</sup> June, 2020 with lot of fun and learning activities so that they are engaged in constructive pursuits during lockdown period and can pursue their hobbies under the guidance of teachers.



This pandemic will end in due course, soon be in rear-view mirror, but we can still take lessons learned as directions for going forward. Even in the most fire-ravaged forest, new seeds began sprouting almost immediately after the first rain.

Stay Happy! Stay Safe!

# Glimpses of Online classes during Lockdown

# Gearing up children for physical fitness

Along with academics, physical fitness of the children was taken care of by motivating them to follow the FIT India Movement's Online Fitness program conducted by experts from the field of physical fitness and

nutrition. Children took tips on maintaining a healthy lifestyle and healthy food habits to keep themselves fit and energetic in lockdown.





# **Health is Wealth"** Taking "Health is Wealth" as the theme, the young learners designed beautiful posters to create awareness about the importance of having a balanced diet and maintaining physical and mental health through exercising





Under the aegis of NMCG (National Mission for Clean Ganga), Namami Gange' a flagship program was organized which conducted - Ganga Quest - an online National Quiz on Ganga. Om Raghav of grade V Bagged certificate of merit for participating enthusiastically in the online Quiz.



# MERA PEHLA KADAM: Ascertaining the needs of toddlers and extending learning opportunities to them to enhance their thinking learning process, self- expression, participation and involvement has been taking place effectively as ensuring holistic education has always been the USP of our preprimary wing and our teachers have been working hard to give a wholesome experience to the children during this time also when people are physically far yet are able to connect well through virtual experiences.







**SELF APPRAISAL:**-Different self-awareness sessions were conducted for the pre- primary students through online and video sessions in order to apprise the students about self awareness in which topics like self grooming, family bonding, cleanliness activities and creating awareness on how to keep the body clean were touched upon..

Several other interesting and captivating activities like red day, yellow day were done, T shirt –printing and sapling plantation activity were done on earth day, in-order to sensitize the children on colors of nature and colors around us and thereby targeting to improve their motor skills.





#### THE MAGNIFICIENT SHADES OF GREEN

The 50th earth Day celebrations had its own importance in our lives amidst the ongoing pandemic situation of Covid-19. Though students and teachers extremely far away from each other, but our celebrations took place in full swing. Thoughtful discussions on saving nature took place though virtual classes. The students performed the activities like poster making, craft work, sapling plantation and compost soil making at home with the help of their parents, after getting guided instructions from their respective teachers. It was a heart touching feeling to see that each child and their families wanted to contribute their bit to make earth the most beautiful place to dwell in.







#### THE INDISPENSIBLE BOND:

The bond of a mother her child is inexplicable. To celebrate this treasured bond of love and trust, teachers from pre- primary and primary made earnest efforts to instill the role of mother in shaping a child's life. The students also gave beautiful surprises to their moms by presenting them beautiful cards and other cute tokens of love.







#### **EDUCATION IS A WORK OF HEART**

Apart from all these special activities our pre- primary and primary children performed many other syllabus







ased and CBSE organized activities during the online sessions in which they showcased the knowledge gained by them during the virtual classes. It's a visual treat to see the children displaying their knowledge traits in such a meticulous and confident manner.

#### PRERNA "WING OF SPECIAL EDUCATION"

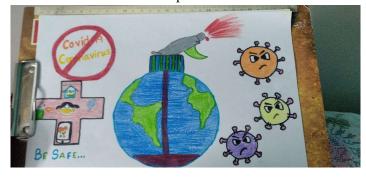
"BE A GAME CHANGER THE WORLD IS ALREADY FULL OF PLAYERS." Lock down was the period of showing our real potential and giving a complete change picture of teacher's ability and academic turn over. Covid-19 could not slow down the enthusiasm and energy of the Special educators and therapist of Prerna department. They kept on educating and giving emotional support to special need students constantly. Even speech therapist and occupational therapist also conducted online class to keep student engage during lock down. Our Prerna team not only taught students but gave constant support and guidance to the parents also. Conducting online class with special need students was a challenging task but they are game changer and they did it.

#### **ACTIVITIES:**



# "We are in this TOGETHER- and we will get through this, TOGETHER"

To enhance awareness about the pandemic students were encouraged to make poster on COVID-19.







# गतिविधि साक्षात्कार

विगत सप्ताह कक्षा सातवीं तथा आठवीं के विद्यार्थियों ने ऑनलाइन कक्षा गतिविधि में उत्साह पूर्वक भाग लिया। कक्षा **आठवीं** के विद्यार्थियों ने **वर्तमान संदर्भ में मोबाइल जीवन का अहम हिस्सा है? -** पक्ष तथा विपक्ष से संबंधिततथ्यों को ध्यान में रखते हुए परिवार के सदस्यों के साथ **साक्षात्कार** लेते हुए 5 मिनट का वीडियो तैयार कर अपनी रचनात्मकता का अद्भुत परिचय दिया।

कक्षा **सातवीं** के विद्यार्थियों ने **"मैं और मेरा घर लॉक डाउन में बातें करते हैं"-** इस पंक्ति का प्रयोग करते हुए रचनात्मक लेखन किया ,जिसमें अपने दिनचर्या में शामिल उन अनुभवों को परिवार के सभी सदस्य के साथ साझा किया , जिसे ऑफिस तथा स्कूल के भाग दौड़ की व्यस्त दिनचर्या में करने का अवसर नहीं मिलता है।



#### **Empowering the Teaching fraternity**

It will not be an overstatement to quote that a teacher is also a student for life who constantly updating his/her knowledge about their specialization.

Keeping this quote in view, School is offering the opportunity to attend various workshops and webinars to its teachers now and then. These workshops and webinars are introducing them to a variety of specialized training modules along with advanced professional teaching method. The aim of these webinars for teacher to enhance their considerable knowledge, skills and expertise in teaching. Such seminars and webinars are proved to be helpful to clarify the grey areas and also introduce new approaches to the teaching.

# **Various Courses Undertaken by Teachers**

S.No.	• Course	Organization	• Teachers' Names
1.	How to Teach Online:Providing Continuity for students	Future Learn	By Entire Staff JPS
2.	Covid-19 Helping Young People Manage Low Mood and Depression	Future Learn	Ms. Deepti Kanchan
3.	Managing Mental health and Stress	Future Learn	Ms. Rashmi Singh, Ms. Lovely Rani
4.	NCC Covid-19 Training	Diksha App	Ms. Rashmi Singh
5.	Curriculum Learner Centered Pedagogy, Learning Outcomes & Inclusive Education	Diksha.com	
6.	Covid -19 Psychology impact	Future Learn	Mr. Raman Vaid
7.	Covid -19 Tackling the Novel Coronavirus	London school of Hygiene & Tropical Medicine	Mr. Kamal Rawat
8.	Special Olympics Unified Sports – Coaching Course	Special Olympic International	Ms. Neeraj Singh
9.	Digital skill social media	Accenture Future Learn	Ms. Neeraj Singh
10.	Managing mental health and stress	Coventry University Future Learn	Ms. Neeraj Singh
11.	Motivation and engagement in an uncertain world	Coventry University Future Learn	Ms. Neeraj Singh
12.	Supporting adolscent learning social and emotional well-being	Griffith University Future Learn	Ms. Neeraj Singh
13.	Work life balance and the impact of remote working	Coventry University Future Learn	Ms. Neeraj Singh
14.	Basic English 1-Elementry	Kigs College of London Future Learn	Ms. Neeraj Singh
15.	Introduction to business management	King's College London Future Learn	Ms. Neeraj Singh
16.	Safeguarding adults: level 3 training	Health Education England NHS Future Learn	Ms. Neeraj Singh
17.	Earth day at 50 teach-out	University of Michigan	Ms. Neeraj singh
18.	The power of podcasting for storytelling	University of Wollongong Future Learn	Ms. Neeraj Singh

19.	Create a social media marketing campaign	University of Leeds Future Learn	Ms. Neeraj Singh
20.	Healthy future: how can we create the most effective health care system	Murdoch University Future Learn	Ms. Neeraj Singh
21.	Introduction to psychology: the history and science of psychology	Monash University Future Learn	Ms. Neeraj Singh

#### Workshops attended by teachers:-

S.No.	Capacity Building Programme/Worksh op Name	Date	Resource Person	Attended by
1.	Role of Special Educators for CWSN during Lockdown	08.04.2020	Dr. Shivajee Kumar (State Commissioner Disabilities Govt. of Bihar)	Ms. Lovely Rani
2.	Youth Coaching by Association of Indian Football Coach & All India Football Association	13.04.2020	Mr.Narendra gangwar & Mr.Chandankundra	Mr. Kamal Rawat,
3.	Neurological Disorders	19.04.2020	Dr. Nandini Gokulchandran	Ms. Lovely Rani
4.	Webinar: 5 tips for students to design their career path	22.04.2020	Mr. M. Shekhar (Educational Initiative)	Ms. Deepti Kanchan
5.	Basic Counseling Skills	23 & 24.04.2020	Dr. Neharshi Srivastava	Ms. Lovely Rani
6.	Understanding and Managing Intellectual Disability	28.04.2020	Ms. Nilisha Aggarwal (Clinical Psychologist)	Ms. Lovely Rani
7.	How to implement successful Bar Modelling Method for Primary Maths	28.04.2020	Mr. Andrew Jeffrey	Ms. Puja Sharma, Ms. Archna
8.	'Child's play? The Role of Play and Games in Teaching Children'	29.04.2020	Ms. Carol	Ms. Archna
9.	Home Activities for School Children with Special Needs	30.04.2020	Dr. Preeti Mathur (Head of Counseling and Special Education Department, Bangalore)	Ms. Lovely Rani
10.	Time and Stress management and Bringing Alive Virtual Classes	07.05.2020	Ms. Shalini Nambiar	Ms. Puja Sharma, Ms. Lovely Rani

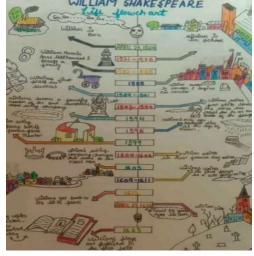
11.	Khelo India Refresher	O8.05.2020-	Mr.Sujit Panigrahi,	Ms. Neeraj Singh, Mr.
	Course by Khelo	10.05.2020	Ms.Neeraj Singh,	Raman Vaid, Mr. Kamal
	India & SAI		Dr. Abdul Zalil & Mr. Ashok Tallukdar	Singh Rawat
12.	Innovating Love,	10.05.2020	Dr. Himani jain,	Ms. Lovely Rani
	Laughter and		principal, Clinical	
	Happiness with our		Psychologist	
10	Children	10.05.2020	D D 1 1771	16.5
13.	Stress Management by PRAGMINDS	10.05.2020	Dr. Rahul Khemani	Ms. Lovely Rani
14.	Planning enquiry	12.05.2020	Mr. Deboarh Robert	Ms. Puja Sharma
,	Based Lessons	12/00/12/02/0		21.25.1 2.50.2 2.12.2.1.2.2
15.	How to Prevent Sports Injuries by PEFI	12.05.2020	Dr. Ramandeep Kaur	Ms. Neeraj Singh
16.	Capacity building for	13.05.2020	CBSE	Ms. Rooma Khemka
	Class X Artificial			
	Intelligence			
	Curriculum			
17.	Technology for Teaching Children	13.05.2020	Ms. Pamela Jhonson	Ms. Supriya
18.	Extra Reading,	13.05.2020	Ms. Hemani Naran	Ms. Supriya
	Writing and Grammar			
	Practice with My			
10	English lab	12.05.2020	D G. ; GI ; 4	M I I D '
19.	Understanding Slow Learners & how to	13.05.2020	Dr. Simi Shrivastava & Ms. B. Padma	Ms. Lovely Rani
	Help them?		& MS. B. Padma	
20.	How to Sleep Better	13.05.2020	Dr. Anil Chauhan	Ms. Neeraj Singh
20.	by PEFI	13.03.2020	Di. Tim Chaman	Wist rectaj singi
21.	Impact of Covid-19	13	Prof. Dilip kumar	Ms. Neeraj Singh, Mr.
	Physical Education &	&14.05.2020	Dura & Dr. Krishna	Kamal Rawat
	Sports Business		Kantsahu	
	Management by			
	LNIPE GWALIOR	1405000	D WWW.	)
22.	Recreational	14.05.2020	Dr. V.K.Mishra	Ms. Puja Sharma, Ms.
22	Mathematics  Enhancing Life Shills	14.05.2020	Ms. Monika Chawla	Archna, Ms. Shailja
23.	Enhancing Life Skills	14.05.2020	Mis. Monika Chawia	Ms. Puja Sharma, Ms. Archna, Ms. Monika
				Sharma, Ms. Jasdeep
				Kaur, Ms. Deepti Kanchan,
				Ms. Lovely Rani, Ms.
				Shraddha Mathuria
24.	Photography Essential	14.05.2020	Canon EOS	Mr. Prasan Kumar
			Maestro- Mr. Ravi	
			Mishra	
25.	Online awareness	14.05.2020		Ms. Rooma Khemka
	Session (AI) for			
	Principals and			
26.	Teachers English Proficiency	14.05.2020	Ms. Hemani Naran	Ms. Supriya
27.	Pre-School Teaching	15.05.2020	Mr. Anurodh Chitra	Ms. Mona Arora, Ms.
<i>4</i> / •	Tic-belieur reaching	13.03.2020	(Principal, DPS,	Guneeta
			Kurukshetra)	- sale e m
28.	Happiness and	16.05.2020	Dr. Anita Pant	Ms. Sonali, Ms. Guneeta,
	Strategy for happy		Sharma	Ms. Rachna, Ms. Bindu,

29.	Classes  Leadership in Times of Crisis by Mc Graw Hill Stress Management During Covid -19 by	18.05.2020 18.05.2020	Himanshu Rai (IIM Indore Director)  Dr. jagdish	Ms. Attashi, Ms. Monika Mudgal, Ms. Mona, Ms. Kususm, Ms. Puja Das, Ms. Supriya, Ms. Mohita, Ms. Deepti Kanchan, Ms. Shraddha Mathuria, Ms. Jasdeep Kaur, Ms. Vidhu Ms. Rooma Khemka, Ms. Deepti Kanchan Mr.Kamal Rawat
	Saraswati P.G.college,Hathras			
31.	Managing Virtual Class	18.05.2020	Ms. R. Bhuvana	Ms. Sonali, Ms. Guneeta, Ms. Rachna, Ms. Bindu, Ms. Attashi, Ms. Monika Mudgal, Ms. Mona, Ms. Rashmi Singh, Ms. Kususm, Ms. Deepti Kanchan, Ms. Shraddha Mathuria
32.	Magic of Gratitude	19.05.2020	Mr. Anurodh Chitra	Ms. Mona Arora, Ms. Shraddha Mathuria
33.	Sustainable Green School	20.05.2020	Ms. Shweta Rai	Ms. Mona, Ms. Vidhu Ms. Sonali, Ms. Guneeta, Ms. Hema, Ms. Bindu, Ms. Monika Mudgal, Ms. Attashi, Ms. Mohita, Ms. Rashmi Singh, Ms. Rachana, Ms. Monika Sharma, Ms. Jasdeep Kaur Ms. Manjusha, Ms. Deepti Kanchan
34.	Essentials of Lesson Plan in Business Studies	20.05.2020	Mr. Ram Mohan Pandey	Ms. Hema, Ms. Supriya
35.	Importance of Metrology in Day to Day Life by Vidyarthi Vigyan Manthan	20.05.2020	Dr. D.K. Aswal (Director, NPL, New Delhi)	Ms. Deepti kanchan
36.	Empowering your Team	21.05.2020	Mr. Anurodh Chitra	Ms. Guneeta, Ms. Mona Arora, Ms. Deepti Kanchan, Ms. Monika Sharma, Ms. Shraddha Mathuria, Ms.Jasdeep Kaur, Ms. Vidhu
37.	SOP for Resumption of Sports Activities by SAI	21.05.2020	Rohit Bhardwaj Dr.S.R Sarala	Ms. Neeraj Singh

# The greatest playwrights of the millennium and one of the greatest writers in the English language- The Bard of Avon

Grade 6 and 7 students paid rich tribute to famous dramatist poet and playwright **William Shakespeare** on his 456-birth anniversary, (April 23rd) by observing a week-long celebration. During this period, plethora of activities was resplendent with zest and zeal by the students. Grade 6 students made adorable bookmarks and showcased wonderful quotes from the Bard of Avon. Grade 7 gave presentation on William Shakespeare's biography and creatively made comics on the play The Merchant of Venice. Students

illustrated about their favorite character from the Shakespeare's play









#### A Tribute to Tagore and his evergreen legacy

Students of grade 7 celebrated 159<sup>th</sup> birth anniversary of Gurudev Rabindranath Tagore by performing various activities. Students showcased PPT presentation and creatively made video on the biography of the Bard of Bengal. Students rendered their favorite poem of Tagore wonderfully.

